



# Books: Another way to increase safety knowledge

The best way to learn horse riding and handling safety is from an experienced instructor. However, horse riding safety books are another option to supplement your learning. Many of the books can be found in libraries and all can be purchased inexpensively as used books in used bookstores or online. Some examples of good reading include:

## Early Publications

*Kauffman's Manual of Riding Safety*, Sandra Kauffman, 1978

*Walter Farley's How to Stay Out of Trouble with Your Horse*, Walter Farley, 1981

*Riding and Stable Safety*, Ann Brock, 1983

## More Recent Publications

*The Horse, Safety and the Law*, Vanessa Britton, 1994

*101 Trail Riding Tips*, Dan Aadland, 2005

*The Complete Equine Emergency Bible*, Karen Coumbe & Karen Bush, 2007

*Composite Horsemanship Manual*, Certified Horsemanship Association, 2008

## For Children

*Safe Horse Safe Rider: A Young Rider's Guide to Responsible Horsekeeping*, Jessie Haas, 1994

*Safety*, Toni Webber, 2004

*Horse Safety*, Elizabeth Moyer, 2008

Of course, you can also find more horse riding safety information online at [saddleupSAFELY.org](http://saddleupSAFELY.org).

*Dr. Fernanda C. Camargo and her friend Skye.*



Read Dr. Camargo's horseback riding safety blog by following the link at [saddleupSAFELY.org](http://saddleupSAFELY.org).