SEPTEMBER 2021 EDITION

WILDCAT CANTER UNIVERSITY OF KENTUCKY AG EQUINE PROGRAMS NEWSLETTER

The 2021 UK Equine Farm and Facilities Expo showcased best practices in equine farm management at the famed Spendthrift Farm in Lexington, Kentucky.

The 2021 UK Equine Career and Opportunity Fair matched more than 170 college students with almost 40 equine employers Sept. 29 at the UK Student Center.

UK Ag Equine Programs Equine Science Review won top honors at the 2021 American Horse Publications' annual media awards competition.



HIGHLIGHTS



UK EQUINE CAREER & OPPORTUNITY FAIR

PAGE 8

The 2021 UK Equine Career & Opportunity Fair matched more than 170 college students with almost 40 equine employers Sept. 29 at the UK Student Center.

Equine Media Awards

UK FARM & FACILITIES EXPO

PAGE 7

The 2021 UK Equine Farm and Facilities Expo showcased best practices in equine farm management at the famed Spendthrift Farm in Lexington, Kentucky. K Cooperative Extension Service and Ag Equine Programs held the annual event Sept. 28, which featured educational talks about farm layout and planning, establishing new pasture and weed spraying options for farms of all sizes.



UK WINS AT AMERICAN HORSE PUBLICATIONS PAGE 10

UK Ag Equine Programs Equine Science Review: Highlighting Research & Outreach Efforts at the University of Kentucky won top honors at the 2021 American Horse Publications' annual media awards competition. The Equine Science Review won in the newsletter business category.

UPCOMING EVENTS AND IMPORTANT DEADLINES

- Oct. 1- 3 Equitana
- Oct. 2 UK College of Agriculture, Food and Environment Round Up
- Oct. 4-10 UK Equine Week of Service
- Oct. 11-17 Retired Racehorse Project
- Oct. 15 Experience Equine
- Oct. 25-26 Fall break for students

WELCOME

Fall semester, 2020...so many of us were trying to figure out the best way to navigate a pandemic that gave us little control over our lives and our health. For most people, there were no vaccines available yet. Many of us (as course instructors) quickly figured out that trying to teach to some students face-to-face (F2F), while others were tuning in via Zoom was one of the most exhausting, complicated experiences in our teaching history. I fully recognize that students were navigating these same challenges with various levels of comfort and/or stress. A smallish percentage of students flourished with the new model, but many students struggled. "Grit, determination, resiliency" was my motto last fall.

Fast forward one year...fall semester, 2021. Over 80% of the UK campus community is vaccinated; most students are politely wearing masks (no matter how much they may be gritting their teeth), so why we do we feel so stressed? Why do we feel so exhausted? I thought for a bit that it was only me, but then a morning faculty/staff meeting quickly identified that all of us were feeling much the same. I took an informal 'check the pulse of the class' poll in a course that has ~40 sophomores and juniors. Were they feeling safer or less safe than last fall? Were they feeling more 'stressed' or less 'stressed' than last fall? Roughly, it was ~ 1/3 feeling safer and less stressed, ~1/3 feeling less safe and more stressed, and ~ 1/3 feeling about the same as a year ago. And how did they feel about F2F classes vs Zoom/online/hybrid? I was expecting that nearly 100% would say they preferred F2F, but it was more nearly half and half. Qualitative (open-ended)



comments portrayed the same sort of spectrum that we've learned the US as a whole represents – from students who despise the masks, are aggravated by the pressure to get vaccinated, and wish we would all just trust our immune systems to students who seem truly fearful about F2F classes for fear they might get sick, who can't begin to understand why everyone is not vaccinated, and why something as simple as mask-wearing causes so much



contention. In other words, they present a nearly perfect snapshot of our country regarding this pandemic. We chatted a bit about these informal results. I suggested that if last fall it was all about 'grit, determination, and resiliency,' maybe this fall it needed to be about extending a bit of grace to our fellow classmates and others.

Humans are only designed to handle high stress environments for so long at a time. When stressors are hard to manage, or hard to identify, or hard to agree upon, we can become physically exhausted, we can become mentally exhausted, we can experience 'compassion fatigue'.

To be honest, I'm not sure which fall semester has been the more challenging one. In some ways, last fall felt like we 'knew the rules' or rather, we knew there really were no rules. Basically everyone was at risk. Our primary defenses for F2F interactions were masking, social distancing and lots of hand washing/hand sanitizer. But our current scenario is often confusing. I did a quick Google

search related to decision trees for students and instructors related to COVID-19 policies. There are A LOT of these out there! I tried to sift through and identify the ones that provided references to peer-reviewed material, and I also weeded through and only looked at those dated August 1st, 2021 or after. (There are still a large number, and they are not all in complete agreement.)

So, what am I going to do to fight 'COVID-19 fatigue' this weekend? I'll probably go out to the boarding stable, give my horse a hug and breathe in that wonderful 'horsey' aromatherapy, and then get back to grading papers. Take care, everyone and please remember to be kind.



CAMIE HELESKI, PHD LECTURER





MASTHEAD

WILDCAT CANTER EDITORIAL STAFF

Sydney Carter, contributing writer and photographer Holly Wiemers, MA, APR, senior editor, contributing writer, layout

WILDCAT CANTER EDITORIAL BOARD

Erin DesNoyers, operations coordinator Camie Heleski, PhD, lecturer Danielle Jostes, MA, equine philanthropy director James MacLeod, VMD, PhD, director Savannah Robin, MS, internship coordinator Kristine Urschel, PhD, director of undergraduate studies Kristen Wilson, MS, academic program coordinator

University of Kentucky

Ag Equine Programs College of Agriculture, Food and Environment

> N212 Ag Sciences Building North Lexington, KY 40546-0091 Office: (859) 257-2226 equine@uky.edu www.uky.edu/equine

> > Graphic design: Sabrina Jacobs

Cover photo credit: Matt Barton

CLUBS AND TEAMS DIRECTORY

COLLEGIATE PROFESSIONAL HORSEMAN'S ASSOCIATION

Advisors: Bob Coleman, rcoleman@uky.edu and Savannah Robin, savannah.robin@uky.edu President: Uk.cpha@gmail.com

DRESSAGE TEAM

Advisor: Jill Stowe, jill.stowe@uky.edu President: Katelynn Krieger, OfficialUKDressageTeam@gmail.com Facebook: UK Dressage and Eventing

EQUESTRIAN TEAM

Advisor: Bob Coleman, rcoleman@uky.edu HUNT SEAT TEAM President: Samantha Dolan, Uk.equestrianteam@gmail.com Facebook: UKY Equestrian Team WESTERN TEAM President: Kennedy Hoch, Ukwesternequestrian@gmail.com Facebook: UKY Western IHSATeam

EVENTING TEAM

Advisor: Jill Stowe, jill.stowe@uky.edu President: Hannah Warner, warnerhannah12@gmail.com Facebook: UK Dressage and Eventing

HORSE RACING CLUB

Advisor: Laurie Lawrence, llawrenc@uky.edu President: Sarah English, Ukhorseracingclub@gmail.com Facebook: UKY Horse Racing Club

POLO TEAM

Advisor: Roger Brown, rogerbrown@uky.edu President: Federico Puyana, Fpu223@uky.edu Facebook: U of Kentucky Polo

RODEO TEAM

Advisor: Maggie Maynard, maggie.maynard@uky.edu President: Ashley Lawson, ukrodeoteam@gmail.com Facebook: UKY Rodeo Team

SADDLE SEAT TEAM

Advisor: Mary Rossano, mary.rossano@uky.edu President: Emily Brown, uksaddleseatteam@gmail.com Facebook: UKY Saddleseat Team





2021 UK EQUINE FARM & FACILITIES EXPO

Photos by Matt Barton & Sydney Carter



The 2021 University of Kentucky Equine Farm and Facilities Expo showcased best practices in equine farm management at the famed Spendthrift Farm in Lexington, Kentucky. UK Cooperative Extension Service and Ag Equine Programs held the annual event Sept. 28, which featured educational talks about farm layout and planning, establishing new pasture and weed spraying options for farms of all sizes. Spendthrift Farm personnel also spoke about engaging non-horsemen in the horse racing industry.

Established in 1937, Spendthrift Farm has been home to top stallions, including 10 Kentucky Derby winners & 2 of the last 4 Triple Crown winners. We are the home to Champion Sire INTO MISCHIEF & 2020 Kentucky Derby winner, AUTHENTIC.

Sponsors for the event included Central Equipment, Derby State Equipment Sales, Farm Credit Mid America, Hallway Feeds, McCauley's, Robert Davis & Sons Hay and Straw, Inc. and Tribute Equine Nutrition. Additional support was provided by Central Kentucky Ag Credit, NTRA Advantage Equine Discounts and The Pond Lady.



UK EQUINE CAREER & OPPORTUNITY FAIR

Photos by Sydney Carter

The 2021 UK Equine Career & Opportunity Fair matched more than 170 college students with almost 40 equine employers Sept. 29 at the UK Student Center. New this year was also a prospective student portion of the event for high school aged students and their families, with the opportunity for those students to meet with several Kentucky universities with equine programs. Food for vendors was generously provided by the University of Louisville's Equine Industry Program.





PROGRAM NEWS

The **Student Experience and Applied Education Fund** was established through the generosity of the UK Ag Equine Programs' Advisory Board to support and allow students to gain horse experiences, both academically and recreationally, at the University of Kentucky.

This fund is to be utilized to provide financial support for students to do a multitude of extracurricular activities. You can access the full details and application <u>here</u>. For additional questions please contact, Danielle Jostes, Equine Philanthropy Director: <u>Danielle.jostes@uky.edu</u>Office: 859.218.1176.



Show your love of all things UK Ag Equine Programs!

Save the date: Online merchandise store opens October 4-17, 2021

Ad Equine Programs

Keep your ears up and follow UK Ag Equine Programs for the merchandise store link to open on October 4!

EQUINE SCIENCE REVIEW WINS NEWSLETTER CATEGORY AT 2021

By Holly Wiemers

UK Ag Equine Programs Equine Science Review: Highlighting Research & Outreach Efforts at the University of Kentucky won top honors at the 2021 American Horse Publications' annual media awards competition. The Equine Science Review won in the newsletter business category.

"The content is well-researched and well-written, as would be expected from a university of this caliber. Photo selection and placement effectively highlight key points of each article. Overall, this publication does an excellent job of delivering content appropriate for the target audience and meeting its mission statement," read judges' comments on the submission.

In addition, the inaugural UK Equine Week of Service, held in October 2020, placed third in the Adverting/Marketing Social Media Campaign category.

"I truly loved this campaign. Engaging by using multiple forms of media to engage the audience created excellent PR for the organizations that UK Equine worked with and accomplished the goal of creating a sense of connection during a time when it was greatly lacking. Kudos to the ingenuity and clever use of tools at your disposal," read judges' comments on the submission.





Take a tour of our

Publication Stable



Welcome to the Equine Science Review: highlighting research and outreach efforts at the University of Kentucky! The Review is a monthly newsletter from the University of Kentucky College of Agriculture, Food and Environment that highlights the important equine work happening at the university. UK is home to world-class research and service excellence in equine health, safety, nutrition, pasture and forages, economics, engineering, environmental compliance and many others. Programs at UK offer the depth and breadth of scope fitting its location in the heart of horse country.





UK Ag Equine Programs is excited to announce our newest publication, The Graduate Gallop, curated for our equine alumni to stay connected and informed. This monthly e-newsletter will include event and program information, a career connections category including job postings, networking and volunteer opportunities, a highlighted professional tips topic each month, dates and deadlines and alumni features. It will also include a section for UK's **Equine Alumni Affiliate Network** (EQAAN).





Each month UK Ag Equine Programs distributes a student newsletter called the Wildcat Canter. The Wildcat Canter features equine club and organization news and updates, UK Ag Equine Programs news and features and a wide range of spotlights, from students to classes, advisors, scholarships and job and internship opportunities. Its purpose is to keep students, alums and those interested in UK's equine programs updated.

Use the QR codes above to subscribe or find out more about each publication!

UNIVERSITY OF KENTUCKY RESEARCH



Do You Own or Manage A Horse Farm in Central Kentucky?

As a follow up to a recent survey, researchers at the University of Kentucky invite you to take part in a survey about horse farm operations and use of conservation practices. The purpose of this study is to understand motivations and barriers to the implementation of conservation practices on Central Kentucky horse farms. Through this study, we hope to improve water quality in Central Kentucky and better understand horse farm concerns. Interested participants will be asked to take a 15 minute survey.

You may be eligible to participate if you:

- Are over the age of 18
- Own or manage a horse farm in Central Kentucky

Scan the QR code or visit the link below to learn more:

https://bit.ly/UKHorseFarmSurvey



Kentucky Water Resources Research Institute

K

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service For more information:

Steven Evans steve.evans@uky.edu 859-327-6601

An Equal Opportunity University

www.UKclinicalresearch.com

conservation study

WRI-001_flyer #



Ag Equine Programs

College of Agriculture, Food and Environment

N212 Ag Sciences Building North Lexington, KY 40546-0091 Office: (859) 257-2226 equine@uky.edu www.uky.edu/equine